

itasowīwina

Commands:

The following may be useful for a medical check-up or a regular check-up. Here are some examples of doctor's command (verbs) to patient in Cree and English.

1. tāwati	Open your mouth.
2. api or nahapi	Sit/sit down.
3. pasikō	Get up (from chair).
4. pimisini	Lie down.
5. waniskā	Get up (from bed, cot).
6. nīpawi	Stand/stand up.
7. nawakī	Bend down.
8. tasokāpawi	Stand up straight.
9. nawakikāpawi	Stoop (same as in #7)
10. pīmikwayawīthi	Turn your neck.
11. ōtī itisina kistikwān	Turn your head this way.
12. kīcikoska waskic kicayānisa	Take off your outer clothing.
13. kīcikoska kahkithaw kicayānisa, ikwa ōma postiska	Take off all your clothes and put this on.
14. iskwatāmo	Inhale.
15. pakitātāmo	Exhale.
16. misi-iskwatāmo	Take a deep breath.
17. ōtī itāpi	Look this way.
18. ispimihk itāpi	Look up.
19. kanawāpahta nicihciy	Look at my hand.
20. kāpī ōmā kanawāpahta	Keep looking at this.
21. piyakwanohk ōta itāpi	Look in one spot/place.
22. kanawāpahta niskīsikwa	Look at my eyes.
23. postayawinisī ikwa	Put your clothes back on now/get dressed.
24. ohpina kispiton	Lift up your arm.
25. ohpina kiskāt, ohpikātīthi	Lift up your leg.
26. ithipīsini ōtī isi	Lie on your side this way.
27. kwīskisini ikwa	Turn the other way.
28. iskwahtawī ōta	Climb up here.
29. nihtakosī/nihtahtawī	Come on down.
30. nihcitahkoskī	Step down.
31. kwīkwāsk ōta pahpimohtī	Walk here back and forth
32. tkosi	That's the way/that's right.
33. ikwāni	That's all.